

CDED Clinical Evidences

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1. CLINICAL STUDIES

- ➔ Levine A & Wine E., Effects of enteral nutrition on Crohn's disease: clues to the impact of diet on disease pathogenesis, Inflamm Bowel Dis. 2013;19:1322-1329.
- ➔ Sigall-Boneh et al., Partial enteral nutrition with a Crohn's disease exclusion diet is effective for induction of remission in children and young adults with Crohn's disease, Inflamm Bowel Dis 2014;20:1353-1360.
- ➔ Sigall-Boneh et al., Dietary Therapy With the Crohn's Disease Exclusion Diet is a Successful Strategy for Induction of Remission in Children and Adults Failing Biological Therapy, J Crohns Colitis. 2017;11(10):1205-1212.
- ➔ Levine et al., Crohn's Disease Exclusion Diet Plus Partial Enteral Nutrition Induces Sustained Remission in a Randomized Controlled Trial Gastroenterology, 2019;157:440-450.
- ➔ Levine et al., A Case-Based Approach to New Directions in Dietary Therapy of Crohn's Disease: Food for Thought, Nutrients 2020, 12; 880.
- ➔ Sigall-boneh et al., Dietary Therapies Induce Rapid Response and Remission in Pediatric Patients With Active Crohn's Disease, Clin Gastroenterol Hepatol 2021 Apr 1, Vol. 19, Issue 4, p.752-759.
- ➔ Niseteo et al., Modified Crohn's disease exclusion diet is equally effective as exclusive enteral nutrition: Real-world data. Nutr Clin Pract. 2021;1-7
- ➔ Scarallo L et al., Crohn's Disease Exclusion Diet in Children with Crohn's Disease: a Case Series. CMRO 2021, Volume 37, Issue 5.
- ➔ Szczubelek et al, Effectiveness of Crohn's disease exclusion diet for induction of remission in Crohn's Disease Adult Patients, Nutrients. 2021;12:4112.
- ➔ Yanai et al., The Crohn's disease exclusion diet for induction and maintenance of remission in adults with mild-to-moderate Crohn's disease (CDED-AD): an open-label, pilot, randomized trial, The Lancet. 2022;7:48-59.
- ➔ Matuszczyk et al., Effect of the Crohn's Disease Exclusion Diet (CDED) on the Fecal Calprotectin Level in Children with Active Crohn's Disease, J. Clin. Med. 2022, 11, 4146

2. SUPPORTIVE REVIEWS

- ➔ Levine et al., Evolving role of diet in the pathogenesis and treatment of inflammatory bowel diseases, Gut 2018;67:1726–1738.
- ➔ Levine et al., Dietary Guidance From the International Organization for the Study of Inflammatory Bowel Diseases, Clin Gastroenterol Hepatol 2020;18:1381–1392.
- ➔ Moriczi et al., Predictors of Response to Exclusive Enteral Nutrition in Newly Diagnosed Crohn’s Disease in Children: PRESENCE Study from SEGHNIP. Nutrients 2020, 12; 1012.
- ➔ Herrador-López M., Martín-Masot R. & Navas-López V., EEN Yesterday and Today... CDED Today and Tomorrow, Nutrients 2020, 12(12), 3793.
- ➔ Scarallo L & Lionetti P, Dietary Management in Pediatric Patients with Crohn’s Disease, Nutrients 2021, 13, 1611.
- ➔ Narula et al., Association of ultra-processed food intake with risk of inflammatory bowel disease: prospective cohort study, BMJ 2021;374:n1554
- ➔ Matuszczyk, M.; Kierkus, J., Nutritional Therapy in Pediatric Crohn’s Disease—Are We Going to Change the Guidelines? J. Clin. Med. 2021, 10, 3027
- ➔ Agrawal et al., Approach to the management of recently diagnosed inflammatory bowel disease patients: A user’s guide for adult and pediatric gastroenterologists, Gastroenterology. 2021;161:47–65.